REST
FOR A
Wearied SOUL:
OR, THE
Pilgrim at his Journey's End.
Being the last Legacy of
Mr. JOHN BUNYAN
of *Bedfordshire.*

Left to his Children when he lay upon his Death-Bed.

CONTAINING,

1. His Admonition to them of their Duty to GOD, to their Mother, and to one another 2. A Copy of Verses that he made upon himself not long before his Death. 3. Four and twenty Godly Meditations. 4. Two and twenty Godly Verses, which he gave to his Youngest Son, when he lay upon his Death-Bed. 5. Twenty of his common Godly Sayings and Proverbs.

All which are very Pleasant to Read, and Profitable to Practice; being of excellent use for all sorts of People, that desire to live a Godly Life in this present World.

The Just Man walketh in his Integrity: his Children are Blessed after him. Prov. 20. 7.

TO THE

READER.

READer, See here a Godly Man's Advice
Unto his Sons; See how he doth Entice!
See how he does Exhort! See how he prays!
See how he strives to win them sundry Ways!
His Bowels Earn, his Breast is full of Love;
His Heart doth burn with Fire from above:
Pray Read this Book, and as you like it, then
Judge and speak, and think, and speak again:
Do but read it, and as you like it, buy it,
Or rather pay for't first, and then try it:
I know you'll like it, if you are Godly given,
Here's that will help you in the Way to Heaven:
If you are Ungodly, here's that will convert ye;
It will pierce your Heart, and yet it will not hurt ye.

James Handley.

BRITISH MUSEUM 30 60 MAY

Rest for a Wearied Soul:
OR, The
Pilgrime at his Journey's End.

His Admonition to his Children, of their Duty to God, to their Mother, and to one another: Wrote some Time before his Death, afterwards found amongst his Writings.

MY Children, I must now leave you; I am going to a better Place, my Glass is almost run; I hope I have made my Peace with God, I have *Fought a good fight, and have finished my Course, and there is laid up for me a Crown of Glory*: In my Youth I was as wild and ungodly, I believe, as most was: I spent my Time idly and never regarded what I did, so as I might but please and satisfy my Appetite (as to every particular of my Life, it will be needless to nominate; and as to my Conversion you have read it in the Book of my Conversion) I have since my Conversion, I thank God, taken great Heed to my Ways, I have lived as uprighly as I possibly could; for if I did any Wrong, it was against my Knowledg: I have wrote many good

Books, and have lived according to Scripture Rules, as much as Flesh and Blood was able. I loved the worst of my Enemies who cast many false Aspersions upon me, to disgrace me; but thanks be to God I owe no one any ill Will, but heartily forgive all that have been my Enemies, as I hope to be forgiven my self of Almighty God. My dear Children, let me intreat you, to be admonished by my Word, and take my Exhortation as a Legacy, I having as you know very little else to leave you; First then, let me put you in Mind of your Duty to GOD: Secondly, your Duty to your Mother: And thirdly, to one another.

First, *Of your Duty to God.*

Draw nigh unto God, and he will draw nigh unto you, Jam. 4 8. This very Exhortation of Saint *James*, is enough to entice you without any other: He tells you that if you draw nigh to God, he will draw nigh unto you; that is, by Way of Paraphrase, if you love God, he will love you, if you fear God, he will defend you, if you are willing to turn from your evil Ways, God will be willing to receive you; he desires not the Death of a Sinner; if you are not saved it is your own Faults, and indeed this Text comprehends a very great Deal of Comfort: It brings glad Tidings to a wretched Sinner: It speaks Peace to all. Thus far by Way of Exhortation. 2dly, What the Duty to God is: *Fear God, and keep his Commandments, for this is the*

the whole Duty of Man, Eccles. 12. 13. There you see your Duty: *Fear God and keep his Commandments*; Fear to offend God, and be carefull to *keep his Commandments*, and that is your Duty to God comprehended in short: Be carefull to serve him: fearful to offend him, diligent to keep his Laws, willing to obey his Commands, abide all his Corrections with Patience, murmur at none of his Ways; live honestly; Love all Men, Swear not, Lie not, (for the Devil was a Liar from the Begining) steal not, cheat not, take not the Lord's Name in Vain; have no other Gods; Covet not that which is another Man's; love the Lord with your whole Heart, Fear him, Praise his Name; bridle your Lusts and unruly Passions; resist the Devil (and he will fly from you) care not for the World, and let your whole Life be agreeable to God's Will; suffer any Thing for your Religion; nay, Death it self; die daily unto Sin, and live unto Righteousness, and in all things submit to the Will of God; *Draw nigh unto God, and he will draw nigh unto you.* I shall conclude this Exhortation with these following Precepts, which if you follow you will do well.

1. Fear to do any Thing against that GOD whom you love; and you will not love to do any Thing against that God whom you fear.

2. Let your Prayers be as frequent as your Wants, and your Thanksgiving as your Blessing.

3. In the Morning think what you have to do, for which ask God blessing; at night, of what you

have done, for which ask Him Forgiveneſs.

4. Take an exact Account of your Life; be not afraid to look upon the Score, but afraid to encreaſe it: To deſpair becauſe a Man is ſinful, is to be worſe, becauſe he hath been bad.

5. Conſider the Shortneſs of your Life, and Certainty of Judgment; the great Reward for the Good; and ſevere Puniſhment for the wicked; therefore make even with Heavenly Repentance, at the End of every Day; and ſo you ſhall have but one Day to repent of before you die.

6. Do Injury to none for by ſo doing, you do but teach others to do Injury to you.

7. Innocency will be your beſt Guard, and your Integrity will be a Coat of Mail to you. And he that dares to be wicked ſometimes for his Advantage; will always be ſo if his Intereſt require it.

If you love God, *keep his Commandments*, for they are not grievous, as I have found by Experience. *Draw nigh unto God and he will draw nigh unto you.*

Secondly, *Your Duty to your Mother.*

Honour your Father and your Mother, that your days may be long upon the Land which the Lord thy God giveth thee, is the fifth Commandment of God; and again, *Pro.* 13. 1 *A wiſe Son heareth his Fathers Inſtruction, but a Scorner heareth not Rebuke*: And again, *Pro.* 6. 20. *My Son, keep thy*

Father's Commandment, and forſake not the Law of thy Mother, Pro. 4. 10. *Hear, O my Son, and receive my Sayings, and the Years of thy Life ſhall be many.* Here you may ſee that Duty to your Parents, is a Commandment of God; with this Promiſe, [*that thy Days may be many*] *Solomon* the wiſeſt Man that ever was or ever will be, in the next Place gives you a Character of a wiſe Son and a Scorner, that is, of a dutiful Son; and of a Scorner, that is, of an undutiful Son; the wiſe Son hearkneth to his Father's Inſtruction; he willingly obeys; he ſighs and cries, Father I obey; when he is commanded to go, he runs; when to make haſt he flies; but the Scorner, when he is rebuked is angry, and is ready to fly in his Father's Face; when he is commanded to go, he hides himſelf; when to make haſt, diſdains and ſcorns to be ſpoke to. Conſider, my Sons, what I have ſaid, and *Honour your Mother*, when I am in my cold Grave. I give you Charge in the Sight of God, who quickneth all Things, and before Chriſt Jeſus, who before *Pontius Pilate* witneſſed a good Confeſſion, that you keep this Commandment without Spot. 2 *Tim* 6. 13. 14 *Remember what became of* Abſalom's *unmanfulneſs* 2 Sam. 18 9. *and by that take Warning.*

Thirdly, *Your Duty to one another.*

Behold how Good and Pleaſant it is for Brethren to dwell in unity, Pſal. 133 1. My Dear Children! Let me admoniſh you, let there be no Diviſion amongſt you, live together as one Man,

that in ſo doing you may pleaſe God; be a comfort to your Mothers; be a good Example to others and be for ever happy. *Remember the ill Conſequence of* Cain's *hate to his Brother* Abel, *Gen.* 4. 8. Take warning by others harms, and you will do well; while others ſtrive one againſt another, do yon ſtrive to do Good one for the other; while others are at Variance, do you Pray one for another; whilſt others revile one another, do you comfort one another, *While others act the Part of* Cain, *Gen.* 4. 8 *do you act the Part of* Joſeph, *Gen.* 45. 4.

Bear with each others Infirmities; and either love the other as himſelf, then will you pleaſe God and be bleſſed: mind what I have ſaid, and lay it up in your Hearts, and God give his Bleſſing to it: I am now going to my Father and muſt leave you: I have kept the Faith: And I hope we ſhall one Day meet Face to Face in Heaven, where Pleaſures flow in Streams, in the Preſence of the Almighty, and Joy for evermore: Where we may freely take a Turn in the Golden Street of Paradiſe, and ſing Praiſe unto God for evermore. I have very little of wordly Wealth to leave you: only this Exhortation, and my Bleſſing: *To God the Father, Son and Holy Ghoſt, be all Honour, Glory, and Power, for ever, and for ever.*

My Children, Adieu.

A

A Copy of Verſes, that he made upon himſelf not long before his Death.

FOrbear fond Man, & weep no more, 'tis vain
When Heaven decrees, 'tis folly to complain.
This worldly Maſs is ſubject to decay,
And Death and Nature all things muſt obey;
The Bluſhing Roſe ſmiles with the Morning Sun
Juſt then looks gay, now withers and is gone:
The unthinkink Brutes with ſenſe alone poſſeſt
Obey and haſten to their common reſt:
Nay, this proud *Fabrick* ſhall at laſt become
That ill ſhap'd *Chaos* which it iſſu'd from,
And primitive nothing ſhall to it ſelf return:
Then why poor Mortal, doſt thou weep and cry?
Think what thou art and be content to die;
Pardon my Sins, Almighty God, I pray,
Forgive me all, then take me hence away:
Pity my Sorrow and relenting Tears,
O let my cry come to thy Gracious Ears:
Appeaſe my Conſcience: waſh my Sins away:
Remit my Crimes, then ſtrike this Houſe of Clay,
Then my Triumphant Soul ſhall upwards fly,
And leave with Joy this worldly Vanity.

Some of his Godly Meditations.

1. NO Creature under Heaven can afford my Soul any Comfort, only thou O Lord of Eternal Glory, that art the help of Man, and the great Phyſician of Souls; thou bringeſt a Man nigh unto Death, and reſtores him to Life again, that he may ſee his own Weakneſs, and Thy Power: wherefore

fore all Love and Praiſe be given to thee, O God.

2. O GOD, I extol thy Sacred Name, tho' I am a miſerable Man and wretched Sinner: and therefore unfit and unable to Praiſe thee according to thy worthineſs; yet will I not ceaſe to give thee thanks, to the utmoſt of my ſtrength; I will declare thy Juſtice and Mercy, and while I live, I will Praiſe thy Name; I will always Love, Honour, and Obey thee, and at no time forget thy Mercies.

3. As for Man, he is nothing but duſt and aſhes, a ſhow of ſimple Seed, and a ſlip of ſlender ſtrength; a Bubble, a *Chaos* of Corruption, and a branch of fading flowers; a frame of moſt frail fleſh, whoſe Life is but a Span and full of Miſery.

4. O heavenly Father, let me not forget mine own frailty, let me conſider what I am, and remember always what I ſhould be; then ſhall I forget to Love my ſelf, and long after the Love of thee; I am made after thine Image, though the falling from thy Commandments, hath ſoiled me ſore with ſin.

5. My Sins, O Lord, lie forth in plenty before thy Face, I can turn no way but they purſue me, I would fain intreat thee to pardon them, but I dare not draw near thee for fear of them, conſider my neceſſity moſt mighty God, and deliver me, for thy dear Son's ſake.

6. Altho' my Sins be as the Sands of the Sea, and mine Offences be more in number than the

Hairs of my head, yet take thou not Vengeance O Lord, but as thou haſt many times ſhewed mercy, ſo now be gracious, and forgive me, for I know, tho' my ſins were as Red as Scarlet, yet thou canſt make them as White as Snow. Therefore, O Lord, to thee be Glory for ever and ever.

7. I have Hungred, O my God, to feed upon thee that art the Bread of Life, not with the Jaws of my fleſh, but with the Mouth of my Faith; untill it may pleaſe thee to feed me at full, with the intire Contemplation of thy Subſtance, which I ſhall ſee, face to face, and alſo be ſeen in the *Celeſtial* Glory, when I am diſcharged of this Houſe of Clay, and Maſs of Corruption; this Hope is the Harbour of my delight, and the end of all my Trouble. Haſten therefore, O LORD, and ſhake my Glaſs, that the Sands of my Life being run out, I may live with the Souls of juſt Men made perfect, where I may ſing praiſe too thee for evermore, World without end, *Amen*.

8. Moſt gracious God, give me to drink of that Water, that whoſo drinketh thereof ſhall thirſt the more, as after the ſweetneſs of Heavenly things, whoſe Taſt is unſpeakable pleaſant: And give me alſo to to drink of that Water, that whoſo drinketh thereof ſhall thirſt no more for ever, for it floweth from thee, the Fountain of immortality: To thee, O Lord, all Praiſe and Glory be.

9. Truly, Lord, I ſee no cauſe why I ſhould

long to abide in this Life: If I were of ſuch Perfection as St. *Paul* the Apoſtle was I ſhould perceive the wickedneſs of this World, and the Glory of thy Kingdom, and deſire earneſtly, as he did, to be diſſolved, and to be with Chriſt.

10 Oh Father, thou knoweſt my heart's deſire is always to ſerve thee, and abide in thy Favour; Grant me, I pray thee, that I may live in thy Law, work by that rule, walk in thy way, and live in thy fear: then ſhall I die in thy Favour, and be for ever happy; out of the dread of Man, out of the Jaws of Death, and out of Fear of Damnation.

11 Oh my God! execute thoſe things upon me, as it ſhall ſeem beſt unto thy Divine Wiſdom; as thou ſhalt ſee it moſt fitting for my Soul, abridge the days of my Pilgrimage, and Commence the term of my life, call me from this Clay, & cloath me with Righteouſneſs, where thou art reſident with thy Saints in Glory everlaſting.

12. Oh! what a joyfull day ſhall that be, in which we ſhall behold with our Eyes, thoſe things which we have often recorded in our hearts, and hear with our Ears, which we have read with our Eyes, and feel with our Senſe, that which we have conceived in our Minds, darkly as it were in a Cloud; but then to enjoy them perfectly.

13. Mortifie the Man of ſin, which reigneth within me, I pray thee, O God: that always Rebelleth againſt the Spirit, keeping me in Ignorance, and envying me the fruition of thee:

Let no fear of a Corporal Death, defer me from the moſt Heavenly feeling of ſuch a Ghoſtly Contemplation: In Heaven, O moſt pure God, there dwelleth no wickedneſs, but each Song ſoundeth forth thy Praiſe, wherefore all Laud and Honour be unto thee, O moſt Mighty God, for ever and ever, World without end.

14 Thy ways moſt ſweet, O Lord, are the ways of Righteouſneſs, and thy Commandments, conduct to Heavenly Honour. As for thy Will, it is the Well ſpring of Life, the Path of Peace, the Sea of Security, the Port of Perfection, and the Fountain of all Felicity: O Lord, I fain would entreat thy Divine Majeſty, to remove the woſull Affliction, Grief, Miſeries, Stripes, Sores and Wounds which my Soul ſuſtaineth, through the continual Surprize of my canker'd Sins; and in the Abundance of thy Mercies heal them, and hide them in the Wounds of thy pierced Side.

15. Oh thou God of all Truth, my panting Soul longeth after thee becauſe thou art the Conſummation of all happineſs; and in the Sight of thy Glory, I am aſhamed of mine own Unrighteouſneſs.

16. Oh! my Sins! my Sins! they kill me with Care: they daunt me with dread: they conſume me with ſorrow: they pine me with pain: they eat me with grief: they overthrow me with bigneſs, they preſs me with weight: they over-lay me with Load: they are too many in multitude: of too deep a die: too

willfully conceited; too often repeated; too much followed and practiſed; I have not been enough ſorrowful for them; heaping daily Sin upon Sin; I have loved Sin too much, and thy ways too little; but the Prodigal is now returning, therefore, Oh Father, in thy great mercy, graciouſly receive him for Chriſt Jeſus ſake.

17. Oh! Come ſweet Jeſus, come with ſpeed to help me, for heaps of heavineſs, as wave of water, have entered into my Soul to drench it; I am choaked with worldly Cares, & ſtifled in the ſtinking ſtreams of my Ghoſtly Adverſary, and there is none, O Lord, but thou that can help me.

18. Refrain not I beſeech thee to extend thy Mercy, where thou beholdeſt ſo urgent Misery. Draw not away from me (poor wretch) thy wanted Benignity. Oh Lord! I lift up my Soul unto thy Throne: & with my body do I approach unto thy ſacred place, & thus upon the knees of my heart, do I humbly pray unto thy Divine Majeſty: Lord, lay not the horrible uncleanneſs of mine Offences before thine Eyes, but turn thy Face from them, & look upon the Trouble of my Spirit and Grief of my Mind, and forgive me all my ſins; ſo great are the Mountains of my Miſdeeds, that in Conſideration of them, there is no reſt in my Bones: they are ſo many, that they grow over my head, preſſing me down as a heavy burden.

19. O Lord aſſwage thy juſt anger and diſpleaſure againſt me, and remit my ſins, for Jeſus Chriſt his ſake.

20. O

20. O Lord I have no Righteouſneſs of mine own whereby to cover my Nakedneſs; O for the Righteouſneſs of Chriſt to be my Salvation and Sanctification.

21. O merciful God lead me not into Temptations, neither leave me to my own Skill or ſtrength under them: I am weak and Witleſs in my ſelf; let me always find thy Grace ſufficient for me, and thy ſaving ſtrength readie to help me; without thee I can do Nothing.

22. O ſweeteſt Jeſus admit me into the Honour and Happineſs of ſpiritual Fellowſhip with thy ſelf: O give me Heart to break of Communion with my Luſts and Idols: Make thy gracious Countenance continually ſhine upon me, and be the Comfort and ſtrength of my Heart.

23. Lord enable me to lead a holy and religious Life while a Pilgrim and Sojourner in this evil World: Help me by thy Grace ſo to live as I may neither be aſham'd to live, nor afraid, to dye: When at any Time I fall into Faults, Lord raiſe me up again, and make me more watchfull in Time coming, that I may carry as becomes a good Chriſtian.

24 Lord pity me a poor frail Creature; prepare and fit me for my laſt Change, that when I leave this ſinful and miſerable World, I may enter into thy Glory; even ſo come Lord Jeſus, come quickly *Amen.*

His Godly Verſes which he gave to his Youngeſt Son when he lay upon his Death-bed.

1

MY deareſt Son before I die,
Theſe Verſes I have made,
Commit them to your Memory
Mind them when I am dead.

2

Thy precious Soul that layes at ſtake
To Jeſus Chriſt commend,
That you may 'ſcape the burning Lake
Which never has an End.

3

Firſt, Unto God I do bequeath
my panting fleeting Soul,
To be with them that do believe,
where no Man can controul.

4

Oh! Children, Children, I do ſay,
unto me lend an Ear:
Let not my Words paſs away.
which down are written here.

5

Firſt, to your Mother, be ſure that you,
ſhew Honour all your Days,
That when this World you bid Adieu,
you may depart in Peace.

6

For if otherwise you do prove,
then what becomes a Son,
God certainly will cut you off,
your Glass will soon be run.

7

Be sure you give her Reverence due,
and to her Will pray bend,
Or else worse Evil will ensue,
and seize you in the End.

8

Do not grieve her, but regard,
when she to Want draws nigh:
For God will surely her regard,
he hears the Widows Cry.

9

And next, to one another prove
kind as becometh Brothers;
And always live in mutual love,
most kindly with each other.

10

Do not strive as wicked *Cain*
did strive against his Brother;
But always live without Disdain,
as does become each other.

11

Fear the Lord, obey the King;
live quietly together;
Strive for to be born again,
that you may live for ever.

12

Let Heaven be your chiefeſt Care,
mind not ſhining Gold;
And always ſtrive to get a ſhare
in your Redeemer's Fold.

13

Love your Neighbour as your ſelf,
and all men be ſure that you
Do love and to ſome give and lend,
to others pay their Due.

14

Mind the Fatherleſs to relieve,
as long as you have ſtore:
And do not let the Widow grieve,
that begs Alms at thy door.

15

For if that you do not ceaſe,
to give unto the Poor.
When thy ſtock thou ſeeſt decreaſe,
GOD ſoon will ſend the more.

16

For he that giveth to the Poor,
doth lend unto the Lord:
He ſhall receive it threefold more;
in Scripture it is a Record.

17

All ſtrife avoid: Contention ſhun,
and brotherly Love embrace:
Be ſure vain Company to ſhun,
and labour hard for Grace.

Remember

18

Remember the Words of *Solomon*,
for Wildom known full well,
Who ſays a Whore her ſteps go down,
ſtraight in the Way to Hell.

19

Swearing and Lying practiſe not,
nor take God's Name in vain:
For when you think it is forgot,
it will turn to your Pain.

20

All idle Talk ſee you reſtrain,
mind not what Bablers ſay,
Tell not a Lye, though by't you gain,
and mind what wiſe Men ſay

21

Be not as they, which follow play,
with duller Heads moſt muddy:
But let thy Mind be well inclin'd,
Wiſdom to ſeek with ſtudy.

22

Whilſt Fools do haſt, their Time to waſt,
ſpending in Sport the Day:
Whilſt that they jeſt, let thy Heart feaſt,
in ſeeking Wiſdom's Way.

23

Remember Death and Judgement too,
mark well what here I ſay,
Remember what I ſay to you,
think on the Judgement Day:

His

His Common Sayings and Proverbs.

1. HE that will dare to be wicked sometimes for his *Profit*, will always be so if his Interest require it.

2. No Man can serve God and his own Flesh; for he that fulfills the Lust of the Flesh, is no Servant of God.

3. GOD is above all.

4. The Devil is never so angry, as when a Man turneth from his evil Ways.

5. Death's Dart never wants whetting.

6. Eternity is a long Day.

7. A Man need not be wicked against his will, and he might bridle his Will, if he loved to live Righteously.

8. No Worldly Thing should come in the Ballance with thy precious Soul.

9. *If* thou wouldst be truly Religious, keep thy Heart, and bridle thy Tongue.

10. Improve Time well, and let none of it be mispent either foolishly or wickedly.

11 Love all that bear GOD's Image for their Heavenly Fathers Sake!

12 Let not one Duty justle out another.

13. Faint not under Afflictions, but bless God in every Condition.

14. Avoid ill Company, which is often a Neck-break

Neck break and great Snare to Youth.

15. In all things ſubmit to GOD's Will and be denyed to thine own.

16. Be not ſo hot in purſuing the World, as to become cool in God's Love and Service.

17. Be Devote in Gods Service, not to be ſeen of Men, but to ſee and enjoy God.

18 Think not light of Vain Thoughts or idle Words.

19 Bring forth good Fruit even u nto old age

20. Make ſure and clear thy intereſt in Chriſt, and he will make the Happy for ever.

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195